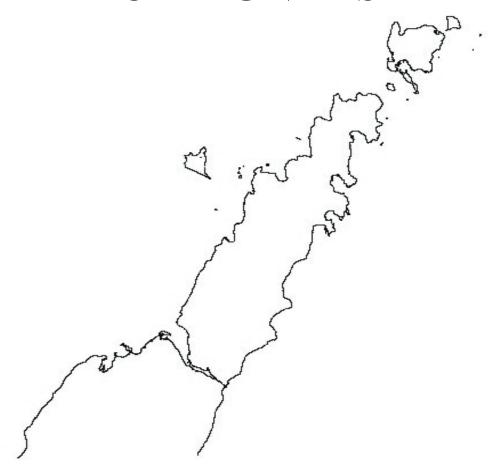
DOOR COUNTY RESOURCE GUIDE FOR SENIOR CITIZENS, PERSONS WITH DISABILITIES AND THEIR CAREGIVERS



Door County
Department of Social Services
County Government Center
421 Nebraska Street
Sturgeon Bay, WI 54235
920-746-2300

Door County
Senior Resource Center
832 N 14th Ave
Sturgeon Bay WI 54235
920-746-2542

My Important Numbers

Personal Information			
Name			
Home address			
Telephone			
Birth Date			
	Medical Information		
Primary Doctor			
Telephone Number			
Other Doctor			
Telephone Number			
Other Doctor			
Telephone Number			
Blood type			
Health Conditions			
Do Not Resuscitate Bracelet?			
DO NOL RESUSCILALE DI ACEIEL!	YESNO		
	Where kept?		
Durable Power	YESNO		
of Attorney for Health care?			
TOT THEATHT CATE:	•		
Emergency Information			
Emergency contact			
Relationship			
Telephone number(s)	Home	Work	
Emergency contact			
Relationship			
Telephone number(s)	Home	Work	
	Any Other Information	1	
		•	

PUBLIC SAFETY INFORMATION

EMERGENCY NUMBERS:

*Fire, Police, Sheriff's Department or Rescue/Ambulance - Dial 911

*Coast Guard -

(920) 743-3366. **If no answer, call** (800) 321-4400

*Poison Control Center -

(800) 222-1222

*State Patrol, Fond du Lac -

(920) 929-3700

*US Secret Service, Milwaukee –

(414) 297-3587

*FBI, Green Bay - (920) 432-3868 or Milwaukee - (414) 276-4684

NON-EMERGENCY NUMBERS:

*Door County Sheriff's Department -

(920) 746-2400 or (920) 854-6060

*Sturgeon Bay Police Department -

(920) 746-2450 or (920) 854-6060

*Sturgeon Bay Fire Department –

(920) 746-2916

*Sister Bay/Liberty Grove Fire Department

(920) 854-4021

*Sturgeon Bay Rescue/Ambulance -

(920) 743-5461

*Sister Bay/Liberty Grove Rescue/Ambulance -

(920) 854-4333

OUTPOS • CRISIS & INTERVENTION:

Alcohol & Drugs Referral -

(920) 746-2345

Door County Sexual Assault Center –

(920) 746-8996

HELP of Door County Helpline –

(920) 743-8818 or (800) 914-3571

Important Telephone Numbers & Web Sites

1. State of Wisconsin Consumer Complaint Office:

1-800-422-7128

2. Social Security Administration Fraud Department:

1-800-269-0271

3. Mail Preference Service — Direct Mail Service Removal

Direct Marketing Association

Post Office Box 643

Carmel, NY 10512

4. Wisconsin No Call List:

1-866-966-2255 or www.nocall.wisconsin.gov

5. Federal No Call List:

1-888-382-1222 or www.donotcall.gov

6. Pre-Approved Credit Card List Removal Website:

1-888-567-8688 or www.optoutprescreen.com

8. Better Business Bureau (Wisconsin)

1-800-273-1002 or www.wisconsin.bbb.org to obtain reliability reports

How to obtain your free annual credit report:

1. The Three Credit Bureaus:

A) Equifax: 1-800-525-6285

B) Experian: 1-888-397-3742

C) Trans Union: 1-800-680-7289

- 2. On Line at www.annualcreditreport.com
- 3. By Telephone at 1-877-322-8228
- 4. By Mail at (Fill out the "Annual Credit Report Request Form and Mail)

Annual Credit Report Service

PO BOX 105281

Atlanta, GA 30348-5281

**** Free Credit Report once a Year****

Vulnerable Adults and Elders at Risk of Abuse, Neglect or Exploitation

For elders age 60 & older: Call the Dept. of Social Services at 746-2300 For adults age 18 - 59: Call the Dept. of Community Programs at 746-2345

If you are concerned about an adult of any age who you believe may have experienced, be experiencing or be at-risk-of experiencing some form of abuse or neglect, you are urged to report this concern.

Physical Abuse:

The intentional or reckless infliction of bodily harm on an individual

Emotional Abuse:

Intimidating, threatening, humiliating or otherwise harassing an individual for no legitimate purpose

Sexual Abuse:

The forcing of unwanted sexual activity onto an individual, by the use of threats, coercion or other means

Financial Exploitation:

Obtaining an individual's money or property through deceit or enticement or by forcing, compelling or coercing the individual against his/her will or without his/her consent

Neglect:

The failure of a caregiver to secure or maintain adequate care, services or supervision for an individual, including food, shelter, clothing, physical or mental health care, that creates significant risk or danger to the individual's physical or mental health

Self Neglect:

An individual's failure to take adequate care of self or home, including failing to obtain appropriate food, clothing, shelter, medical and dental care, that results in a significant danger to his/her physical or mental health

Treatment without Consent:

The administration of medication or the performance of psychosurgery, electroconvulsive therapy or experimental research on an individual who has not given informed consent

Unreasonable Confinement or Restraint:

The intentional confinement or separation of, use of physical restraints on, or provision of unnecessary or excessive medication to an individual

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This listing is arranged alphabetically by program/service and individual provider.

ADVANCED DIRECTIVES

Door County Memorial Hospital – Assistance is available the first Wednesday of each month from 1:00-2:00 p.m. in the Chapel at Door County Memorial Hospital to assist with the completion of a Health Care Power of Attorney or answer questions regarding Advance Directives. Call (920) 743-5566

DURABLE MEDICAL EQUIPMENT

Bay Pharmacy — Sells and/or rents a variety of durable medical equipment including walkers, wheelchairs, commodes, grab bars, power scooters and lift chairs. Also sells specialized medical supplies such as support hose, nutritional supplements and incontinence products. Will bill Medicare, Medicaid and private insurance where appropriate.

Call (920) 746-2158

Brussels Lions Club — This organization provides short term loans of durable medical equipment. The loans are free; however donations are appreciated.

Call Jim Wautier (920) 825-1213

Green Bay Home Medical — Sells and/or rents a variety of durable medical equipment including walkers, wheelchairs, commodes, grab bars, power scooters and lift chairs. Specialized medical supplies also available. Will bill Medicare, Medicaid and private insurance where appropriate.

Call (920) 465-3000

Neighbor to Neighbor Medical Equipment Loan Closet — Provides short term loans of durable medical equipment. The loans are free; however donations are appreciated. Some of the equipment available includes: wheelchairs, walkers, hospital beds, commodes, bath benches, canes, crutches, etc. There is also a closet of medical supplies such as incontinence products available.

Call (920) 743-7800

EDUCATIONAL OPPORTUNITIES

The Clearing — Located in Ellison Bay, this "folk school" offers a natural setting in which to clear one's mind and come to a better understanding of nature and one's own place in the world. Simplicity, artistic surroundings, small classes and excellent teachers combine to foster learning in a cooperative, family-like atmosphere. A variety of workshops are offered throughout the year. The cost of each workshop varies.

Call (920) 854-4088

Door County Community Programs — Offers free monthly educational presentations on a variety of topics surrounding the role of care giving. The series is based on information sought by providers who care for individuals with a variety of disabilities and built on information desired by individual caregivers. The menu includes topics such as information on selfdetermination, emergency preparedness, transitions and how to help people through them, chemical dependency, trauma and resiliency, and mindfulness of good self care.

Call (920) 746-2345

Door County Learning in Retirement Series— This is a series of courses offered at NWTC that focuses on senior issues, expanding one's knowledge, appreciating the arts and developing new skills/hobbies. Classes are offered during spring, summer and fall terms. The cost is \$50.00 per year and includes as many classes as one would like to attend.

Call (920) 746-4947 or visit online at www.nwtc.edu/lir

◆ Door County YMCA — Located in Sturgeon Bay and in Fish Creek, this organization offers a variety of health and exercise-based courses to people of all ages and abilities. Through quality programs, services and community partnership, the YMCA strives to develop potential in people's spirits, minds and bodies. A fee is charged for most classes and financial assistance is available to those in need.

Call (920) 743-4949 Sturgeon Bay Program Center Call (920) 868-3660 Fish Creek Program Center

- National Alliance for Mental Illness (NAMI) NAMI offers educational sessions, featuring guest presenters, on a variety of topics related to mental illness. These sessions are held on the 2nd Monday of the month at 7:15 p.m. at Hope United Church of Christ in Sturgeon Bay. The Family to Family Education Program, a 12-week course on issues related to mental illness, is also offered periodically throughout the year.
 Call Marlys Trunkhill at (920) 743-6162 or HELP of Door County at (920) 743-8818 for more information. Registration is not necessary for the monthly sessions.
- Northeast Wisconsin Technical College (NWTC) — This school offers a variety of nonacademic courses at affordable prices.
 Call (920)743-2207 for more information
- Peninsula Art School Located in Fish Creek, this school offers a variety of avenues for exploration in the visual arts. Throughout the year, over 200 one to five-day workshops are scheduled with nationally recognized faculty in watercolor, painting, drawing, ceramics, jewelry, photography & more. PAS serves students of all ages and abilities from beginner to professional artist. The cost of each workshop varies.

Call (920) 868-3455

EMPLOYMENT OPPORTUNITIES

- Door County Job Center Comprehensive service for job seekers and employers. Specialized services for seniors and disabled. Call (920) 743-7273
- Senior Aides Program This program is an employment and training program which assists people age 55 and older to return to the workforce. Positions through this program are found at local non-profit and government agencies.

Call Deborah Buckley (800) 636-1161

ENERGY ASSISTANCE

Energy Services — Assists with heating bills and home weatherization services for low income home owners and renters.

Call Women's Employment Project (920) 743-7273

FINANCIAL ASSISTANCE & BENEFIT COUNSELING

Bay View Lutheran Church Emergency Fund This program is used in emergency situations (i.e.: money to purchase prescriptions, medical procedures, rent payments, security deposits, outstanding bills, food, etc.). This fund is accessed for those individuals whose need does not qualify for other assistance programs. Referrals must be made by an organization on behalf of the potential

Call the church office at (920) 743-4705

Door CANcer Inc — Has emergency funds available for individuals suffering from cancer and for their families.

Call Mary Lu Norton at (920) 823-2433 or Donna Bushman at (920) 743-5566 or Barb Herdina at (920) 743-8492

- **Door County Benefit Specialist** Assists those aged 60 and over by providing accurate and current information on your benefits, suggesting alternative actions that you can take to secure benefits or appeal denials of benefits, advocating on your behalf with other parties, explaining what legal action or other possible solution is required and referring you to an appropriate attorney when necessary. Call Lynn Christenson at (920) 746-2546
- **Door County Department of Social Services** Provides financial assistance in the form of FoodShare, Medicaid, payment of Medicare premiums and energy assistance to those who meet eligibility guidelines. Provides temporary emergency assistance to needy families as well.

Call (920) 746-2300 and ask for Economic Support intake or your ES case manager

Door County Memorial Hospital Community Care — The hospital provides community care for all services provided to the general public via the hospital (inpatient and outpatient) and Ministry Home Care (home health agency). Patient bills may be written off to charity care on the basis of the patient/family's annual income.

Call DCMH at (920) 743-5566

Door County Veteran's Service Office — This office provides assistance to honorably discharged veterans and their families. Assistance includes information on and help applying for benefits through the Veterans Administration and Veterans Affairs such as loans, compensation, pensions, death benefits, medications, medical care and nursing home placement.

Call (920) 746-2226

- **Employment Resource, Inc.** This organization provides benefits, supportive counseling and work incentive services at no-cost to individuals with this kind of interest and need. Call Jolene Wanek at (608)826-1752
- **FISC** This agency provides consumer credit counseling and assistance in managing finances and reducing debt. Credit card interest can be significantly reduced via a Debt Management Plan. Call Gav Pustaver at (920) 743-1862
- Ministry Fund (also known as Katie's Fund) — This program is used to pay for health & welfare related emergencies such as shelter, transportation, food, fuel/utilities, medications, outstanding medical/dental bill, etc.
 - Call Katie Graf at (920) 743-5566
- Property Tax Deferral Loan, Wisconsin **Housing & Economic Development Authority** Eligible seniors are no longer required to pay property taxes during their lifetime. However, heirs will be responsible to pay back the loan upon

Call Vivian Hancock at (800) 334-6873

the senior's death.

St Joseph's Parish Emergency Fund — This program is designed to assist individuals in emergency situations.

Call the church office at (920) 743-2062

Salvation Army — Provides emergency funding to those in need of assistance for essential items such as food, personal items, clothing, rent, shelter, etc.

Call Door County Department of Social Services at (920) 746-2300

- **STEP** Sturgeon Bay's Senior Tax Exchange Program. It allows seniors 62 and older whose primary residences are in the school District and who pay property tax, to work in the District in exchange for property tax credit.
 - Call Joe Stutting at (920) 746-2801
- Wisconsin's Lifeline & Link-up These programs are offered through your local telephone company to help low-income customers reduce their phone bills. Lifeline reduces monthly phone charges for income-eligible households. Link-Up waives local telephone connection charges to enable those without phone service to obtain it and those with service to keep it when they move. Call your local telephone company for more information.

AT & T (800)444-9853 Verizon (800)483-4000 CenturyTel (800) 201-4099

FOOD

Door County Community Resource Program (Feed My People / Clothe My People) — This is a sharing program that belongs to the community. It is based on the philosophy of "neighbor helping neighbor". Perishable and nonperishable food is available free of charge to those in need. Clothing is also available free or at very low cost.

Call (920) 743-9053

- Koinonia Kupboard This is a non-perishable food pantry operated by the First Baptist Church of Sister Bay. It is open Tuesday through Friday, 9:00a.m. until 4:00p.m. and is located in the church at 954 S Bayshore Drive, Sister Bay. Preference is given to Northern Door residents. Call (920) 856-6440
- Holy Name of Mary Parish Located in Maplewood, the parish provides a food pantry to those in need. It is open on the 1st, 3rd and 5th Saturday of the month from 10:00a.m. until 12:00p.m.

Call (920) 856-6440

Lakeshore Community Action Program (Lakeshore CAP) — A food pantry for individuals/families in need. Eligibility is based on monthly household income. An individual/family can pick up free perishable and nonperishable food once per month.

Call (920) 743-0192

Loaves & Fishes Community Meals Ministry

— This is a community-based program providing hot meals to hungry individuals and families in Door County. Local community members, led by professional chefs, cook and serve delicious meals to neighbors who might be struggling to make ends meet. These meals are free and open to anyone. No questions asked. Meals are served in two locations. In Sturgeon Bay they are held on the 3rd Friday of every month from 5:00p.m. until 7:30p.m. at NWTC, 229 N 14th Ave. In Sister Bay, the are held on the 4th Tuesday of every month from 5:00p.m. until 7:30p.m. at St. Rosalia's Catholic Church (Stella Maris Parish), 600 S

Call 743-6218 for more information.

Ministerial Association Fund — One-time emergency food vouchers are available to those in need.

Call (920) 743-6218

Bayshore Drive.

- Salvation Army Food vouchers are available to families/individuals in need.
 Call Department of Social Services (920) 746-2300 During non-business hours, call the Sturgeon Bay Police Department at (920) 746-2450 or Door County Sheriff's Department at (920) 746-2400
- SHARE Program, Door County Family Centers — A co-op program that offers lowcost food on a monthly basis. No membership dues or income guidelines. FoodShare accepted.

Call (920) 818-0145

FOOT CARE

- Foot and Nail Clinic Foot and nail services provided at Scandia Village Good Samaritan, 290 Smith Drive, Sister Bay on the 3rd Tuesday of the month. Appointments from 8:30a.m. to 12:30p.m. are reserved for residents of the Scand campus. Appointments from 1:00p.m. until 4:30p.m.are open to community. The fee for this service is \$18.00. Call (920)854-2317
- Forestville Foot Clinic Foot care services provided for Bayview Terrace South, 178 W Park St, Forestville, on the second Monday of the month from 8:30a.m. until 10:30a.m. The fee for this service is minimal and based on an individual's income.

Call Karen at 746-3570

- Senior Foot Clinic Foot care services provided at Lake Side Surgical Associates, 1843 Michigan Street, Sturgeon Bay, on Wednesdays from 9:00a.m. until 11:30a.m. The fee for this service is minimal and based on an individual's income.
 - Call Karen at (920) 746-3570 (Door County Memorial Hospital) to schedule an appointment.

HEALTH CARE

- **Asera Care Hospice** This agency provides medical, psychological and spiritual support to patients facing terminal illness and their families. Services are often covered by Medicare or Medicaid and can be provided in a patient's home or in an assisted living facility, hospital or nursing home. Each patient is served by a team of professionals including physicians, nurses, home care aides, social service and spiritual personnel. Volunteers also play an important role. Based in Green Bay, this agency serves Door County on a case-by-case basis. Call (866) 268-3203
- **Aurora Health Care** This clinic is located at 1910 Alabama Street and offers a wide array of health services. An urgent care clinic is also available after hours. A satellite office, Nor Door Clinic, is located at 803 S Bay Shore Dr, Sister Bay. Call (920) 746-7200 (Sturgeon Bay) or (920) 854-2346 (Sister Bay)
- **Community Clinic of Door County —** This clinic is located at 1623 Rhode Island Street. It provides non-urgent, primary health care services to individuals of all ages who have no insurance. Call (920) 746-8989
- **Door County Public Health Department —** This agency provides an array of community services, including home visits by Public Health Nurses to assess and monitor health conditions, blood pressure screening clinics throughout the county, cholesterol screening, breast cancer, cervical cancer and other health screening through the Wisconsin Well Woman Program, immunization clinics for tetanus boosters and flu vaccines, foot care via county foot clinics, smoking cessation materials, community education programs and a County Sharps Collection Program for the appropriate disposal of needles and lancets as medical waste. Some services are fee-based and others are provided at no charge.

Call (920) 746-2334

Dr Karen Butler — Dr. Butler is a private family practice physician. She is currently accepting new patients of all ages and bills Medicare, Medicaid and many other insurances. The office is located at 1009 Egg Harbor Rd, Sturgeon Bay.

Call (920) 746-8480

Ministry Home Care — This is a home health agency that provides services to individuals in their own homes. Services include skilled nursing care, physical therapy, occupational therapy, speech therapy and home health aide care. The agency is certified to bill Medicare, Medicaid and private insurance. A sliding fee scale is also available. Call (920) 743-7983

North Shore Medical Clinic — This clinic is located at 323 S. 18th Avenue (connected to Door County Memorial Hospital). There are also branches in Algoma, Fish Creek and on Washington Island. These clinics provide a wide array of health services.

Call (920) 746-0510 (Sturgeon Bay) (920) 487-3496 (Algoma) (920) 868-3511 (Fish Creek) (920) 847-2424 (Washington Island)

NurseDirect — This is a 24-hour toll-free health information call-in service provided by Door County Memorial Hospital/Ministry Health Care. Registered nurses are available to provide confidential advice on illnesses, injuries and other health concerns. An audio library is also available on a wide range of topics.

Call (877) 746-0003

- **Orthopedic & Spine Therapy of Sturgeon Bay—** Physical therapists use a combination of manual physical therapy and osteopathic evaluation and treatment techniques. Physical therapists use their hands to treat, as well as focus on identifying the cause of the problem rather than simply treating the symptoms. This is the only clinic in Door County with a Certified Hand Therapist and McKenzie trained therapist in mechanical diagnosis and treatment of the spine. Call (920) 746-3180
- **Parish Nurse Network** This non-profit organization is aimed at promoting health, wellness and healing through a holistic approach. Parish nurses are matched with participating congregations and serve as health counselors, health educators, client advocates and a source of spiritual support to those in need. Services are usually provided at no cost.

Call Mickey Fellows (920) 743-2062 Carol Moellenberndt (920) 743-3241 Carolyn Bridenhagen (920) 743-6218 **Nancy Fauser & Judy Neumann** (920) 743-4705 Carol Hough (920) 854-4080 Kathleen Nostvick (920) 839-2224 Sue Pfannenstiel (920) 743-7750 Holly Runguist (920) 868-2826 Carol Stevenson (920) 854-5260

- Partner in Health / Dr. Joan Traver This clinic is located at 10539 Applwood Rd, Sister Bay and provides internal medicine primary care. Call (920) 854-4154
- Unity Hospice & Palliative Care This agency meets the medical, psychological and spiritual needs of patients facing terminal illness and their families. Patients are helped to remain living in their own homes but services are also available in nursing homes and hospitals. Care is provided by teams of nurses, home care aides, social workers, physicians, counselors, chaplains and volunteers. Many of the services offered are covered by Medicare.

Call (920) 743-6440

Washington Island Community Health Program

 This program connects Washington Island seniors and their caregivers with health and wellness resources to assist them to remain independent.
 Located at Trinity Lutheran Church, N12W1765
 Townline Rd.

Call Carole Machek (920)847-2108

Wellness Center of Door County — This clinic is located at 312 N. 5th Avenue, Sturgeon Bay. It is open on Mondays from 10:00a.m. until 7:00p.m. and Tuesdays and Thursdays from 10:00a.m. until 5:00p.m. Office hours are also available at Dr. Traver's office (10539 Applewood Rd) in Sister Bay. This clinic provides affordable women's and reproductive health services for women and men of all ages. They also provide testing for HIV and STDs. Many services are free of charge. Appointments are required.

Call (920) 746-9444 for an appointment at either location.

HEARING

- Avada Audiology and Hearing Care Provides free hearing tests and consultation on available solutions, including hearing aids, for those experiencing hearing loss. Testing can be done in your home or at the office. Insurances accepted. Located at 1300 Egg Harbor Road, Sturgeon Bay. Call (920) 743-1970 or (866) 282-3242
- Beltone Hearing —Provides free hearing tests and consultation on available solutions, including hearing aids, for those experiencing hearing loss. Testing can be done in your home or at the office. Insurances accepted. Located at 1449 Green Bay Road, Sturgeon Bay.

Call (920) 743-6008

- Miracle Ear Provides free testing and consultation on available solutions, including hearing aids, for those experiencing hearing loss. Testing can be done in your home or at the office. Insurances accepted. Located at 611D Jefferson Street, Sturgeon Bay.
 Call (920) 743-4900 or (800) 933-3480.
- Starkey Hearing Foundation This is a national non-profit program committed to assisting deaf and hard-of-hearing persons with limited financial resources who permanently reside within the United States. Call (800) 769-2799
- Wisconsin Lions Foundation Hearing Program — This program is dedicated to providing help to the residents of Wisconsin that have impaired hearing, but can not afford to purchase hearing aids.

Call (877) 463-6953

HISPANIC RESOURCE CENTER

▶ Lakeshore CAP Inc — Assists individuals and families of Latin/Hispanic ancestry from Door and Kewaunee Counties. The center offers personal assistance in areas such as employment, housing, social services, healthcare, lifestyle concerns and other areas that will encourage individuals and families to become part of the community. Office hours are Monday and Thursday 9:00a.m. until 2:00p.m.

Call (920) 746-0142

HOME IMPROVEMENT AND REPAIR ASSISTANCE

♦ USDA Rural Development — If you are already a rural homeowner and your house needs repairs, or modifications to make it accessible to a person with disability, you may be eligible for home improvement or repair assistance through USDA Rural Development. Rural Development provides Guaranteed Loans for low to moderate incomes to purchase a home, Repair and Rehabilitation Loans for very low income owner-occupied homes, Direct Loan Program for low incomes to purchase a home. For free pre-qualification

Call Julie Felhofer (715) 524-8522 ext. 4

HOUSING

- **Door County Housing Authority Rental** assistance provided to families, elderly, disabled and single individuals who qualify. Eligibility is based on household annual income. Call (920) 743-2545
- **Door County Weatherization Program** This program, administered by Women's Employment Project (WEP), seeks to reduce energy costs by making homes more energy efficient. Eligibility is tied to the Wisconsin Home Energy Assistance Program (WHEAP). If a person is eligible for WHEAP he/she may also be eligible for weatherization. Call WEP at (920) 743-7273
- **Subsidized Housing for the Elderly —** The following apartment complexes offer subsidized apartments for the elderly, either through their own programs or via Door County Housing Authority: Apple Valley Apartments in Sturgeon Bay, Bay Hill Apartments in Sturgeon Bay, Bay View Terrance Apartments in Sturgeon Bay, Forestville and Sister Bay, Big Hill Regency Apartments in Sturgeon Bay, Orchard Valley Apartments in Sturgeon Bay, Oakwood Apartments in Sturgeon Bay, Oxford Avenue Apartments in Sturgeon Bay and Williamstown Bay Apartments in Sturgeon Bay. Call each individual complex or the Door County Housing Authority (920) 743-2545

Assisted Living Apartments:

The Meadows at Scandia Village — Located at 10554 Applewood Rd, Sister Bay. Call Lynn Mattke at (920) 854-2317

Community-Based Residential Facilities (CBRF):

- Cardinal Ridge Residential Care Located at 817 Circle Ridge Place, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's/other dementia, developmental disabilities and physical disabilities. Call Kris Dart at (920) 746-9289
- **Cornerstone of Sturgeon Bay** Located at 204 N. Duluth Ave, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's/ other dementia, mental illness and emotional disturbance.

Call Kim Paul at (920) 746-7550

- Hearthside Cordial Care—Located at 10569 Fieldcrest Road, Sister Bay. Serves individuals with advanced age, Alzheimer's / other dementia and physical disabilities. **Call Martha Coventry or Vicky Gonzales at** (920) 854-7225
- Whispering Heights, Whispering Winds, & Whispering Pines — Located at 1704, 1632 and 1610 Georgia Street, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's / other dementia, physical disabilities and terminal illness (including AIDS).

Call Jean Marsh at (920) 746-8859

- **Woodview of Scandia Village** Located at 2311 Meadow Wood Dr, Sister Bay. Serves individuals with advanced age, Alzheimer's / other dementia and physical disabilities. Call Michelle Stoeckel at (920) 854-2317 **Nursing Homes:**
- **Door County Memorial Hospital Skilled** Nursing Facility (SNF) — Located at 323 S. 18th Avenue, Sturgeon Bay (on the 2nd floor of the hospital).

Call the Admissions Coordinator at (920) 746-3719

- **Dorchester Health & Rehabilitation Center** — Located at 200 N. 7th Avenue, Sturgeon Bay. **Call the Admissions Coordinator at** (920)743-6274 or (866) 279-5706
- ♦ Scandia Village Good Samaritan Located at 10560 Applewood Rd, Sister Bay. **Call the Admissions Coordinator at** (920) 854-2317

Residential Care Apartment Complexes (RCAC's):

Pine Crest Village — Located at 1241 N. 18th Avenue, Sturgeon Bay. Call Amber May at (920)746-1280

IN-HOME SUPPORTIVE SERVICES

- **Advocates for Independent Living —** This agency provides assisted daily living care, medication monitoring, housekeeping, supportive home care, meal preparation, respite or any other personal assistance.
 - Call Ken Jeansonne at (920) 746-2000
- **Door 2 Door Delivery** Grocery shopping and errand assistance for residents throughout Door County. The cost varies depending on your location. A senior citizen discount is available. Call Rob Rericha at (920) 743-3685
- **Door County Wraparound Program —** This program is operated by NEW Curative. Trained personnel provide a variety of services tailored to the individual's needs. These include housekeeping, meal preparation, companionship, supervision, transportation, shopping/errands, medication monitoring, respite care, personal care assistance, daily living skills, money management, outings, and problem solving.
 - Call Julie Destree at (800) 636-1161 or (920) 593-3516
- **Econo Foods Grocery Delivery —** Grocery delivery provided throughout Door County for a fee, depending on your location.
 - Call (920) 743-8896 for more information
- **Home Instead Senior Care** This agency provides non-medical home care to individuals in need of some assistance. Trained caregivers provide housekeeping assistance, meal preparation, companionship, supervision, respite care, transportation, shopping/errands and bathing assistance.
 - Call (920) 743-9370
- **Ideal Services** This agency provides a variety of services including companionship, personal assistance, housekeeping, home administration, meal planning and preparation, errands, medication monitoring and transportation.
 - Call Mary Vig at (920) 746-9935

- **Specialized Services, LLC** This agency provides a wide variety of services to individuals in our community who are elderly, physically disabled, developmentally disabled or experiencing mental illness or alcohol/drug addictions. Trained staff provide housekeeping assistance, companionship/errands, skills development, money management assistance & Representative Payee services.
 - Call Amy Weckler at (920) 743-8316

INFORMATION, REFERRAL AND SUPPORT

- **Door County Department of Social Services** —The Adult Services Unit provides programs intended to assist elderly and those with physical disabilities to remain living in their own homes as independently as possible. If eligible, services such as housekeeping assistance, shopping/errands, meal preparation, congregate/home delivered meals, companionship, supervision, respite care, Lifeline, snow removal, lawn care, medical equipment, home modifications and specialized medical supplies can be provided and paid for through one of these programs. Programmatic and financial eligibility requirements vary by program. Other services, "Wheel" Shop For You volunteer shopping program, Adult Family Home program and Volunteer Guardianship Program. Call (920) 746-2300
- Door County Senior Resource Center This public agency provides information and assistance, congregate and home delivered meals, benefit counseling, transportation, activities and educational programming for older adults in Door County.

Call (920) 746-2542

Door County Sexual Assault Center — This agency provides crisis and supportive services for sexual assault victims of all ages. Phones are answered 24-hours a day.

Call (920) 746-8996

♦ Family Centers of Door County — This group provides a variety of activities for senior citizens and young families at several locations throughout the county. Check the website for a current schedule (www.doorcountyfamilycenters.com). There is an Older Adult Breakfast Social at the Town Hall in Maplewood every 1st Wednesday of the month. Frequent events for seniors are also held at the Washington Island Family Center. Call (920) 825-1430 or (800) 856-1651

- HELP of Door County This is a non-profit agency which administers a variety of programs. This include crisis intervention (crisis counseling, general information, referral and support), domestic violence assistance (temporary shelter, emergency transportation, advocacy, short-term counseling and support groups), transitional living assistance (housing to homeless victims of domestic violence, goal setting skills, budgetary help, advocacy and stability), advocacy and short-term counseling. Call (920) 743-8818
- ♦ JAK'S Place This is a community resource center for individuals of all ages whose lives have been affected by mental illness. It provides an inviting, encouraging and caring atmosphere for community members to obtain information and support, socialize, get healthy and / or participate in a variety of activities. A trained and dedicated staff is available to assist in locating resources, connecting with others, learning a new skill or contributing one's own talents. The center is located at 820 Egg Harbor Road, Sturgeon Bay. Hours vary by the month.

Call (920) 818-0525

Memory Care Connections — Memory Care Connections provides information, screening, referrals and support for individuals experiencing memory loss and their caregivers. All services are free of charge. Funding for respite and other support services is available to those who meet eligibility criteria. In Door County, call Christy Wisniewski at (920) 493-0339. **Neighbor to Neighbor** — This is a non-profit umbrella agency for a number of programs. They include Respite Care, Medical Equipment loans, Peer companions and the Lemonade Club. Respite Care provides volunteers to stay with a loved one so that the caregiver can have a break. The Peer Companion program matches trained volunteers, themselves 60+, with individuals in need of companionship and support. The volunteers provide a safe, nonthreatening way for elderly individuals to cope with grief, loneliness and isolation and help them bridge the gap to community resources needed. The Lemonade Club is a group of cancer survivors who meet once a month for friendship and support.

Call Jan Scoville at (920) 743-7800

- Older Adult Breakfast Social This program offers an opportunity to enjoy a nutritious breakfast, socialize and learn about community resources from various guest speaker. It is held at 9:00a.m. on the 1st Wednesday of every month at Maplewood Town Hall. Located on County H in Maplewood. Reservations are required by noon on the day before.
 - Call Sue DeKelver at (920) 825-1430
- Sunshine House Inc Prevocational work skills training and day service option for individuals with a variety of disabilities Monday through Friday.
 - **Call Jim Meyer, Director (920) 743-7943**

LEGAL ASSISTANCE

♦ Elder Law Center — This is a public interest legal services program operated under the umbrella of the Coalition of Wisconsin Aging Groups (CWAG). The Center's primary goal is to provide accurate, up-to-date legal information, education and services to clients, individuals and organizations. The Center provides service through several ongoing initiatives as well. These include the Elder Financial Exploitation Project, the Medicare/Medicaid Fraud Project and the Wisconsin Guardianship Support Center. With the exception of some training programs and publications, most services are provided at no charge.

Call (800) 366-2990

Legal Aid of Door County — This program provides legal services to financially and case eligible clients. Clients with legal problems are referred to an attorney willing to provide services at no charge. To be eligible for this service, applicants must meet federal eligibility requirements.

Call (920) 743-3934

Legal Action of Wisconsin — This agency provides free legal assistance for eligible lowincome persons in selected areas of law. Services are limited based on available funding. Door County is served by the Green Bay office. Call (800) 236-1127 or (920) 432-4645

MENTAL HEALTH SERVICES

Door County Department of Community Programs — This is a publicly funded human service agency providing a comprehensive range of services to assist Door County residents with mental health/emotional wellness, alcohol and other drug abuse issues, developmental disabilities and severe and persistent mental illness.

Call (920) 746-2345

Catholic Charities (Susan McAninch, MSW)

 Individual, couple and family counseling available to assist in resolving a variety of issues. Certified to bill Medicare, Medicaid and some private insurance. A sliding fee scale is also available.

Call Susan McAninch at (920) 495-0162

Counseling Associates of Door County — This agency provides a wide range of counseling services to citizens of all ages.

Call (920) 743-9554

Interpersonal Therapy — Therapist Sara Edwards provides non-traditional therapeutic experiences for clients of all ages. Payment is required at the time of service and submission to insurance for reimbursement is the responsibility of the client.

Call (920) 559-2278

Libertas of Door County — This agency provides counseling, education and group therapy for adults, adolescents and family members on substance abuse and chemical dependency issues. Treatment may be provided through an intensive outpatient program, individual counseling sessions and aftercare services. Located at 1009 Egg Harbor Road in Sturgeon Bay.

Call (920) 743-9889

Dennis White, PhD — Dr. White provides a variety of clinical and consulting services to individuals and agencies in Door County. Accepts most health insurances, Medicare & Medicaid.

Call (920) 746-1346

PERSONAL EMERGENCY RESPONSE SYSTEMS

- ♦ Door County Memorial Hospital Lifeline This program provides a means for elderly or disabled individuals as well as those with significant health issues to access immediate help when needed. A Lifeline button is worn around the neck or wrist. When pressed, the button immediately calls the Lifeline call center who, in turn, dispatches the help needed (either a previously selected "responder" or emergency personnel). Reminders to take medications, etc. can also be programmed into the Lifeline unit. Call Sandy Sievert at (920) 743-5566
- **VNA Lifeline** This program provides a means for elderly or disabled individuals as well as those with significant health issues to access immediate help when needed. A Lifeline button is worn around the neck or wrist. When pressed, the button immediately calls the Lifeline call center who, in turn, dispatches the help needed (either a previously selected "responder" or emergency personnel). Individuals are encouraged to utilize their buttons for companionship as well. Reminders for medications, etc. can also be programmed into the Lifeline unit. VNA Lifeline is based in Kewaunee but serves all of Door County as well as Brown, Kewaunee and Manitowoc counties. Call Mary Kay Shaw at (800) 508-5527

PHARMACIES

- Aurora Pharmacy —Located within the Aurora Health Center in Sturgeon Bay.
 Call (920) 746-7340
- Bay Pharmacy A full-service community pharmacy that is locally owned & operated. Located in the Cherry Point Mall.
 Call (920) 746-2977
- Pamida Pharmacy A pharmacy located in Northern Door County.
 Call (920) 854-4121
- Walgreens Pharmacy Located at the corner of Duluth Avenue and State Highway 42/57 on the west side of Sturgeon Bay.
 Call (920) 746-5245
- Wal Mart Pharmacy Located within the Wal Mart store in Sturgeon Bay.
 Call (920) 746-0412

For information on proper disposal of Unused, Expired or Unwanted Medication Call Ann DeMeuse at Door County Emergency Management (920) 746-7101

PRESCRIPTION DRUG ASSISTANCE

- Center for Medicare and Medicaid Services
 —Information & assistance regarding Medicare sponsored prescription drug plans.

 Call 1-800-MEDICARE (800) 633-4227 (or visit www.medicate.gov).
- Coalition of Wisconsin Aging Groups Provides information and assistance for individuals 60 years old and over. They offer assistance specific to prescription drug coverage available in Wisconsin.

Call toll free (866) 456-8211 (Or visit www.wismedrx.org)

- Disability Rights Wisconsin
 Disability Drug Benefit Helpline Provides assistance for those under the age of 60 who are disabled and eligible for Medicare.

 Call (800) 926-4862 or visit
 (www.w-c-a.org/pages/partd.html)
- Door County Benefit Specialist Assists individuals age 60 and older to explore and access available options for prescription drug coverage.

Call Lynn Christenson (Door County Senior Resource Center) at (920) 746-2546

- Drug Company Patient Assistance Program
 — These programs are designed to provide free medications to individuals who have a low income and cannot otherwise afford their medications. Not all medications can be funded through these programs. To determine eligibility, pharmaceutical companies rely on the physician's assessment of patient need.
 - Call your physician for more information and assistance in applying
- NACo Prescription Discount Card Program— This discount card program helps consumers save money on their prescription medications any time their prescriptions are not covered by insurance. The free cards are used at any participating retail pharmacy. The discount card is not insurance.

Call (877) 321-2652

SAFE DRIVING

- AARP Driver Safety Program The nation's first and largest classroom refresher course geared especially to your safety needs. For local courses in your community, call tollfree
 - (888) 227-7669
- Driver Evaluation Program Evaluations are conducted at Door County Memorial Hospital Rehab Service in the Cherry Point Mall. In order to receive a driver's evaluation a patient must be referred by a medical doctor. Patients and families often request these referrals or are directed by their doctor to have an evaluation. Driving evaluations are not covered by Medicare or private insurance.
 Call Kelly Ranken (920) 746-0410

SUPPORT GROUPS & HELPLINES

- Alzheimer's Association of Greater Wisconsin Helpline — This toll-free 24-hour helpline provides information and support to people with Alzheimer's Disease and related disorders, their families, caregiver and the general public,
 - Call (800) 272-3900
- Brain Injury Support Group This group is designed to provide education and support to victims of traumatic brain injury and those who care for them. Meetings are held monthly at Immanuel Lutheran Church in Baileys Harbor. Call Kathleen Nostvick at (920) 839-9307
- Caregiver Support Group of Door County These groups provide an avenue of support for anyone caring for a loved one or friend. Meetings provide support, information and the opportunity for more formalized education. The Sturgeon Bay Group meets on the 1st and 3rd Wednesdays of every month from 1:00p.m. until 2:30p.m. at the Door County Senior Resource Center, 832 N 14th Ave. The Sister Bay group meets on the 2nd and 4th Wednesdays of every month from 1:00p.m. until 2:30p.m. at the Sister Bay / Liberty Grove Library, 2323 Mill Rd, Sister Bay. The Washington Island Group meets on the 3rd Wednesday of each month from 10:30a.m. until 12:00p.m. at Trinity Lutheran Church Call (920) 746-2300 for more information or to register. For Washington Island call Carole Machek (920) 847-2108
- Compassionate Friends This is a self-help support group for bereaved parents, grandparents and siblings who have lost a child of any age. Sessions include a mixture of support and education. Meetings are held on the 2nd Thursday of the month at 7:00p.m. at Door County Memorial Hospital in Sturgeon Bay. Call Carol Moellenberndt at (920) 743-3476
- Dementia Caregiver Support Group This group is sponsored by the Alzheimer's Association and provides support and education to caregivers of those with Alzheimer's or another form of dementia.
 - Call Carrie Kostreva at (920) 854-2317

- Door of Hope On going ecumenical support groups and seminars. A supportive healing through grief, providing peer understanding, insights and hope. Support groups meet the second Monday of each month at 11:00a.m. at Immanuel Lutheran Church, Baileys Harbor and the second Tuesday of each month, 4:00 p.m. at Sister Bay/Liberty Grove Library. A 5-week support seminar will be held on Tuesday evenings from 6:00 to 7:30 p.m. at the Sturgeon Bay Library (Jane Greene Room) starting April 21st and running through May 19th.
 - Call Chaplain Joan Carlson for more information at (920) 868-9471.
- Early Dementia Support Group This group provides the opportunity for individuals in the early stage of dementia to gather for information and support to enhance their understanding of the illness and their ability to cope with its effects. Care Partners gather at the same time but in a separate group to address their own questions and concerns. Call Memory Care Connections project coordinator Christy Wisniewski at (920) 493-0339 for more information and to register.
- Heart to Heart Cancer Support Group This is intended for those affected by cancer and their loved ones. Sessions provide support and speakers on topics of interest. Meetings are held on the 1st of the month from 6:00p.m. until 7:30p.m. in the conference center at Door County Memorial Hospital. Call Sharon Murrock at (920) 743-5566, Steve Kazmar at (920) 743-1873 or Mary Lou at (920) 823-2433.
- HELP of Door County HELPline This 24-hour helpline provides support to anyone who finds him/herself in need of assistance.
 Call (920) 743-8818 or (800) 914-3571

The Lemonade Club Cancer Survivors Support Group — This group is intended for those afflicted by cancer and their loved one. Members share lunch (although it is not required that participants eat), friendship and support. The group provides a social outlet and some education as well. Meetings are held on the 2nd Wednesday of the month at 12:00p.m. at My Sisters Café in Sturgeon Bay.

Call Jan Scoville at (920) 743-7800

- National Alliance for Mental Illness
 (NAMI) Support Group This group
 provides support for individuals dealing with
 mental illness, their family members and friends.
 Meetings are held on the 2nd and 4th Mondays
 of the month at 6:00p.m. at Hope United Church
 of Christ in Sturgeon Bay. Educational sessions,
 featuring various guest presenters, are also held
 on the 2nd Monday of the month at 7:15p.m.
 Call Marlys Trunkhill at (920) 743-6161 or
 HELP of Door County at (920) 743-8818
 for more information. Advance
 registration is not necessary.
- Navigating the Waters of Grief This is a five week support group open to adults who have experienced the death of a loved one. Meeting topics include: common reactions to grief, memories, coping and adjusting to new roles, self-care, traditions and finding hope. Registration is required.

Call Unity Hospice at (800) 990-9249 for more information or to register.

Parkinson's Support Group — This group is intended for those who are experiencing Parkinson's as well as their support people. The focus is on education but each session also includes time for socializing and sharing. Meetings are held on the 1st Thursday of the month from 1:00p.m. until 2:30p.m. at United Methodist Church in Sturgeon Bay.

Call Carol Moellenberndt at (920)743-3476

- ♦ Sexual Abuse Support Group for Women
 This group provides a safe and confidential
 place for women to gain support as they cope
 with issues of past or present sexual violation.
 It is free and open to any woman who has
 experienced sexual assault or sexual abuse.
 Meetings are held on the 4th Monday of the
 month from 6:30p.m. until 8:00p.m. at Hope
 United Church of Christ in Sturgeon Bay.
 Call the Door County Sexual Assault
 Center at (920) 746-8996 for more
 information. Advance registration is
 appreciated.
- Stroke Support Group This group is for those who have experienced a stroke, their families and interested friends. Sessions include both group discussion and an educational component. Meetings are usually held on the 2nd Thursday of the month around lunchtime. The location varies.
 Call Andy Anderson at (920) 746-0410 (Door County Memorial Hospital Rehab) or (920) 743-5566 (Door County Memorial Hospital)
- Strength For Living Breast Cancer Support Group — This group provides support to those battling breast cancer. Meetings are held on the 4th Wednesday of the month at 6:30p.m. at Door County Memorial Hospital.

Call Sandy McKuen at (920) 746-8451 or Carol Toneys at (920) 743-9711

♦ **Telesupport for Caregivers** — If you can't leave your home to participate in a support group, you can still get support and encouragement you need just by picking up your phone. These telesupport groups are held on the 1st and 3rd Wednesday of every month from 7:00 p.m. to 8:00 p.m.

Call 1-866-212-0875 Enter pass code: 932974#

Women's Issues Group — This is a supportive and social group intended to provide women age 50 and older with an outlet to come together and discuss a variety of issues, from health issues and relationships to recipes and crafts. Meetings are held at Door County Senior Resource Center on the 2nd Tuesday of the month from 10:30a.m. until 12:00p.m.

Call Orlaine Gabert at (920) 743-8785

TRANSPORTATION

Door County Department of Social Services — Trained volunteer drivers provide transportation to medical appointments for individuals who have Medicaid (MA). Individuals can also request reimbursement for transportation to MA-covered medical appointments provided by family or friends. However, certain conditions apply and rides must be preauthorized in order to receive reimbursement.

Call (920) 743-2300

- Door County Green Bay Shuttle & Taxi —
 Taxi and shuttle service within Door County and to Green Bay. Hours and rates vary.

 Call (920) 746-0500
- Door-Tran Provides information and refers you to transportation options related to your need.

Call Pam Busch at (920) 743-9999 or (877) 330-6333 Ext 108

Medi-Van of Green Bay — Provides transportation throughout Door County as well as to Milwaukee, Madison and Marshfield. Can bill M.A. or privately as appropriate. Van with wheel chair lift available.

Call (800) 236-4555

N.E.W Transport — This is a medical transport company that provides rides to medical appointments and can bill Medicare and Medicaid as appropriate.

Call (800) 505-7411

♦ Red Cross Transportation Service —

Provides transportation to medical appointments, nutritional, educational, employment, social & recreational outings at minimal cost. Trained volunteer drivers provide rides both in Door County and to/from Green Bay on a regular schedule. Medical appointments are given priority when scheduling. Door County residents with a disability or those who are age 60 or older are eligible for this service.

Call (920) 746-2167 to register or to schedule a ride.

- Senior Bus This bus is operated by the Senior Resource Center. Rides are given to the Senior Center for meals as well as for shopping, appointments and recreation. The bus operates within the city of Sturgeon Bay on weekdays and also travels to Northern Door and Southern Door each one day per week. There is a minimal cost for the trip. Anyone age 55 or older is eligible to ride. Call (920) 746-2542 for information or to schedule a ride.
- Service Cab Service is available 24/7 year round. Wheel chair access not available. Rates vary.

Call (920) 743-3443

- Sunshine House Bus This bus provides transportation primarily for those individuals who are served by Sunshine House. However, other organizations can contact for transportation service as well. Call (920) 743-7943
- Washington Island Community Van Travels from Washington Island to Sturgeon Bay and back tree times per month. Throughout Washington Island on a daily basis. Call (920) 847-2577
- Washington Island Ferry Travels to and from Washington Island and Northport Pier.
 Call (800) 223-2094 or check website www.wisferry.com

VETERANS SERVICES

Door County Veterans Service Office — This office assists all veterans and their families with obtaining state and federal benefits. They help with determining which benefits you are entitled to and help you with the application process. Office hours are 8:00a.m. until 4:30p.m.

Call (920) 746-2225 or (888) 743-1844

VISION

Forestville Maplewood Lions Club — This club has a special arrangement with Lens Crafters in Green Bay where they will pay for eye exams and glasses for individuals who can not afford to pay privately or do not have insurance coverage. Contact the club to get prior approval.

Call Tom Mueller (920) 856-6572

Office for the Blind and Visually Impaired

 State of Wisconsin Department of Health and Family Services.

Call Angela Lasecki (920) 448-5234 or (888) 879-0017

VOLUNTEER OPPORTUNITES

Door County Senior Resource Center — The Senior Center Nutrition Program provides meals for home bound seniors and is always looking for volunteer drivers. Training is provided for volunteers.

Call Jo Ann Schley (920) 746-2543

Door County Department of Social Services — This agency utilizes volunteers to provide shopping assistance and companionship, guardianship services and transportation assistance to individuals in need through its "Wheel" Shop For You. Volunteer Guardianship and Volunteer Transportation programs. Training and guidance is provided to all volunteers.

Call (920) 746-2300

Volunteer Center of Door County — This is a non-profit agency whose goal is to connect willing volunteers with community organizations in need of their assistance. Call Chris Henkel (920) 746-7704

If your organization would like to suggest additions or corrections, please email Wendy Schubert at wschuber@co.door.wi.us or call 746-2542

REVISED: MARCH 2009



Disclaimer: This list was compiled by the Department of Social Services in an effort to assist individuals in locating services in our community. However, it may not be all inclusive or completely accurate. Further, Door County does not endorse or recommend any of the providers or services listed. Door County accepts no liability for the consequences of any actions taken on the basis of the information provided. The user assumes the entire risk related to his/her/its use of this information.